



Ysgol Gymuned Cwm y Glo  
Cwm y Glo  
CAERNARFON  
Gwynedd  
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**Pennaeth / Head teacher:**

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30 Mehefin, 2015

### **Dathlu Penblwydd Cynllun 'Dal i Fynd' Birthday Celebration**

Mae ein llysgenhadon, sef Dion ac Ethan, wedi bod yn rhan o'r trefniadau i ddathlu penblwydd y cynllun yn 10 oed.

Fel rhan o'n dathliad, caiff y plant ddod a'u beiciau i'r ysgol p'nawn dydd Gwener, 3 Goffennaf. Cawn brynhawn o gadw'n heini yn ymdrechu i deithio (ar droed, ar feic neu unrhyw fath o olwyn) 10K o amgylch yr ysgol! 'Dwi'n sicr bydd pawb yn teimlo'n chwiil!

*Our sports ambassadors, Dion and Ethan, have been part of the team arranging the celebration of the initiative's 10<sup>th</sup> birthday.*

*As part of our celebrations, the children will be allowed to bring their bikes to school on Friday afternoon (3 July). We will have an afternoon of keeping fit whilst attempting to travel (by foot, bike or any other kind of wheel) a distance of 10K around the school! I'm sure everyone will be dizzy!*

